North East London
NHS Foundation Trust

MEETING OF THE BOARD OF DIRECTORS IN PUBLIC

Tuesday 13 October 2026

13:00 – 16:00

Training Room
Old Goodmayes Hospital, Barley Lane, Ilford, Essex, IG3 8XJ

We are kind
We are respectful
We work together with our communities

MEETING AGENDA

Item		Lead	Format	Purpose	Time
Opening Business					
1	Welcome and apologies for absence	Eileen Taylor Trust Chair	Verbal	Noting	13:00 (5mins)
2	Declarations of interest	Eileen Taylor Trust Chair	Paper	Noting	
3	User of service conversation: In-patient and community services	Dr Judith Friedman Exec Dir of AHPs, Psych. Professions and Social Work	Verbal	Discussion	13:05 (20mins)
4	Minutes of the meeting held on 30 July 2026	Eileen Taylor Trust Chair	Paper	Approval	13:25 (5mins)
5	Matters arising and action log	Eileen Taylor Trust Chair	Paper	Discussion	
6	Chair's update, including decisions made in the private meeting • Update on NED service visits	Eileen Taylor Trust Chair Non-Executive Directors	Paper Verbal	Noting Assurance	13:30 (15mins)
7	Chief Executive Officer's update	Jan Ditheridge Interim Chief Executive Officer	Paper	Discussion	13:45 (15mins)
Items for discussion					
8	Patient Leadership Committee assurance report	Dr Judith Friedman Exec Dir of AHPs, Social Work and Psych. Professions	Paper	Assurance	14:00 (10mins)
9	Quality and Safety Committee assurance report	Dr Caroline Dollery Committee Chair	Paper	Assurance	14:10 (10mins)
10	People and Culture Committee assurance report	Jane Clegg Committee Chair	Paper	Assurance	14:20 (10mins)
Break					14:30 (10mins)
11	Finance and Investment Committee assurance report	Neil Swift Committee Chair	Paper	Assurance	14:40 (10mins)
12	Financial report: Month 5 2026/27	Navin Kalia Chief Financial Officer	Paper	Assurance	14:50 (10mins)
13	Partnerships and Integrated Care Committee assurance report	Dr Caroline Dollery Non-Executive Director	Paper	Assurance	15:00 (10mins)

Item		Lead	Format	Purpose	Time
14	Audit and Risk Committee assurance report	Sir John Gieve Committee Chair	Paper	Assurance	15:10 (10mins)
15	Integrated performance report	Brid Johnson Chief Operating Officer	Paper	Assurance	15:20 (15mins)
16	NELFT Winter Plan 2026/27	Brid Johnson Chief Operating Officer	Paper	Approval	15:35 (15mins)
Closing business					
17	Questions from members of the public	Eileen Taylor Trust Chair	Verbal	Discussion	15:50 (10mins)
18	Any other business	Eileen Taylor Trust Chair	Verbal	Discussion	
19	Forward look (cycle of business)	Eileen Taylor Trust Chair	Paper	Noting	-
Meeting to close at 16:00					

Please join us for a short Quality Improvement (QI) presentation:	
16:05	***Improving Efficiency in Epilepsy Follow-Up Care*** *- Maria Prades - Epilepsy Specialist Nurse, Epilepsy Nursing Service for Basildon & Brentwood*

Details of the next meeting

Time 13:00-16:00
Date Tuesday 01 December 2026
Venue Training Room, Old Goodmayes Hospital, Barley Lane, Ilford, Essex, IG3 8XJ

Members of the Board of Directors

Only members shall count towards quoracy and have the right to vote on resolutions.

Member	Role
Eileen Taylor	Trust Chair, Non-Executive Director (NED)
Dr Hélène Brown	Chief Medical Officer, Caldicott Guardian
Clare Burns	Executive Director of Partnerships
Jane Clegg	NED
Jan Ditheridge	Interim Chief Executive Officer
Dr Caroline Dollery	Vice Chair, NED
Dr Judith Friedman	Executive Director of Allied Health Professions, Psychological Professions and Social Work
Sir John Gieve	NED
Dr Zaeem Haq	NED
Simon Hart	Executive Director of People and Culture
Matt James	NED
Melinda Johnson	NED